

SACRED EARTH & STORM SCHOOL
VIETNAM & CAMBODIA
(7 - 23 FEBRUARY 2026)

(NOTE: incorporating the Saturn-Neptune
conjunction of 0 degrees in Aries
20 February 2026)

THE BIRTH OF A NEW ERA

Every time I return to Vietnam & Cambodia, the more I enjoy the experience.

It is as if I am able to go deeper and receive even more.

A richer experience.

2026

AND on this trip - at the beginning of the next year 2026 - something even more extraordinary is destined to happen:

the long awaited Saturn-Neptune conjunction - at the 0 degree Aries point - will occur on 20 February.

Both outer planets will be EXACTLY at the first degree of the Zodiac - marking the birth of a completely New Era.

And what an amazing place to be at this cosmically aligned time:

ANGKOR WAT.

Built to represent the COSMIC WORLD - where everything is in perfect balance, symmetry and composition!

VIETNAM & CAMBODIA

But this Earth adventure is so much more than even that. A journey of exploring fascinating places, people, cultures - receiving a richness of being and remembering how to live and create reality, life, a New Earth - from the abundance of infinite possibility, the Future.

THE BIRTH OF A NEW ERA

So what are you choosing?

What are you willing to commit to?
For yourself, the world.
Are you ready for this New Birth?
New Era?

Join me on an adventure to receive the expansion, infinite creation and abundant blessings of a truly extraordinary time:

as we co-create with Neptune & Saturn, the Earth and the Universe.

Elizabeth
For SACRED EARTH & STORM SCHOOL
<https://www.sacredearthandstormschool.com>
What else is possible?
Anything!

SHORT ITINERARY

Gather in Hanoi (Vietnam), visit the Red River Delta (in Ninh Binh province, south of Hanoi), catch overnight train to Hue (Vietnam's Imperial City), travel to the ancient Port of Hoi An, a short flight to Ho Chi Minh City (Saigon), cross border to Cambodia. Arrive Phnom Penh (Cambodia's capital city), travel to Siem Reap (close to Angkor Wat), sunrise at Angkor Wat and visiting the Temples of Angkor Wat - built to represent the cosmic world where everything is in perfect balance, symmetry and composition. Return to Phnom Penh. (18 days/17 nights)

PRACTICAL DESCRIPTION OF THE TRIP

An unforgettable adventure through two of the most colourful yet contrasting cultures in South East Asia. Starting off in Vietnam's bustling capital city, Hanoi. Cruise through the stunning karst scenery and magnificent views of Hang Mua (Mua caves) in Ninh Binh province. Next, stepping back in time to visit the country's last Emperor and the Imperial city of Hue, soaking up the old-worldly charms of Hoi An with colourful markets, exceptional food and tailors - and being amazed by the endless energy and stunning roof top views of Ho Chi Minh City (the old Saigon) where we also visit the nearby fertile Mekong Delta. In Cambodia, discover the country's fascinating history and deep cultural experiences in Phnom Penh, before continuing our journey to the awe-inspiring ancient temples of Angkor Wat. A journey that draws you away from the crowds and into the heart of this captivating region and its equally enchanting people. An unforgettable experience of South East Asia that is both enriching and illuminating to the Spirit.

NOTE: please note this journey is limited to a number of 7 participants.

DAILY ITINERARY

(may be subject to change)

DAY ONE - HANOI

Saturday, 7 February

Morning: Final arrivals & welcome

12 NOON: **EXCURSION: Walking tour of Old Hanoi

Overnight HANOI HOTEL

(Meals included: none)

DAY TWO - HA NOI/NINH BINH

Sunday, 8 February

**FULL DAY EXCURSION to NINH BINH province, south of Hanoi (including Hang Mua, Mua caves, Hua Lu Ancient Capital, Tam Coc and Mai Dinh Pagoda.)

(8am - 7pm)

Overnight HANOI HOTEL

(Meals included: breakfast)

DAY THREE - HANOI

Monday, 9 February

Morning: free time to rest after the long previous day excursion.

Afternoon: Explore Ha Noi on our own! sample some delicious Vietnamese food, do some shopping in bustling markets etc. Or you can visit the Hoa Lo Prison Museum with its fascinating French colonial and USA history.

Overnight SLEEPER TRAIN

(Meals included: Breakfast, basic snacks on train)

DAY FOUR - HUE

Tuesday, 10 February

Arrive Hue and transfer to our hotel

Rest after overnight train journey and explore Hue on your own.

Overnight HUE HOTEL

(Meals included: breakfast snack on train)

DAY FIVE - HUE

Wednesday, 11 February

****EXCURSION:** Imperial and Forbidden City.

Overnight HUE HOTEL

(Meals included: breakfast)

DAY SIX - HOI AN

Thursday, 12 February

Travel by bus through coastal rice paddies and the spectacular Hai Van Pass

(travel time approx 3 hours)

****EXCURSION:** Visit Marble Mountain

Arrive Hoi An

Overnight HOI AN HOTEL

(Meals included: breakfast)

DAY SEVEN - HOI AN

Friday, 13 February

****EXCURSION:** HOI AN ECO COOKING CLASS - an experience not to be missed! we visit the markets to collect fresh produce and then learn how to cook it into the most delicious meal. Anyone can participate, you don't have to be a good cook!

Overnight HOI AN HOTEL

(Meals included: breakfast)

DAY EIGHT - HOI AN

Saturday, 14 February

Free day to enjoy the many pleasures of Hoi An for yourself. Choose your own activity: such as having your own dress or other clothing made (Hoi An is famous for its incredible fabrics and dress making), learn to make a colourful lantern, do a boat ride excursion, visit markets etc.

Overnight HOI AN HOTEL

(Meals included: Breakfast)

DAY NINE - CHI MINH CITY (SAIGON)

Sunday, 15 February

Travel to Danang airport (1 hour)

Short flight to Ho Chi Minh City (previously known as Saigon)

(travel time approx 1.5 hours)

Check into hotel

Depending on our arrival (often internal flights in Vietnam are delayed!), you can choose your own activity: a wonderful Vietnamese massage or facial, visit the War Remnants Museum or watch the sunset from one of the highest rooftops in the city.

Overnight HO CHI MINH CITY HOTEL

(Meals included: Breakfast)

DAY TEN - CHI MINH CITY (SAIGON)

Monday, 16 February

****EXCURSION:** a Mekong Delta full day tour to explore the countryside with scenic waterways and Vinh Trang pagoda.

Overnight HO CHI MINH CITY HOTEL

(Meals included: Breakfast)

DAY ELEVEN - PHNOM PENH

Tuesday, 17 February

Travel by bus over the border - through rural Vietnam and Cambodia onto Phnom Penh.

Capital of Cambodia and major junction of Mekong and Tanle Sap Rivers.

(travel time and crossing the border approx 10 hours)

Rest and relax

Overnight PHNOM PENH HOTEL

(Meals included: Breakfast)

DAY TWELVE - SIEM REAP

Wednesday, 18 February

**EXCURSION: Visit a tragic, yet important part of Cambodia past -the Killing Fields of Choeung Ek

Overnight PHNOM PENH HOTEL

(Meals included: Breakfast)

DAY THIRTEEN - SIEM REAP

Thursday, 19 February

Travel by air to Siem Reap

Check into hotel

Rest and relax

Overnight SIEM REAP HOTEL

DAY FOURTEEN - ANGKOR WAT

Friday, 20 February (PLANETARY ALIGNMENT NEPTUNE & SATURN CONJUNCT AT 0 DEGREE ARIES)

****EXCURSION:** Visit Angkor Wat in early hours to watch sunrise! Temple visit with our guide. The temples dating back as far as 9th century, were believed to be the Cosmic world and set in perfect balance, symmetry and composition. The intricately carved bass reliefs and architectural designs are mind-blowing! Appreciating the archeological sites of Angkor Wat,

Overnight SIEN REAP HOTEL

(Meals included: Breakfast)

DAY FIFTEEN - PHNOM PENH

Saturday, 21 February

A free day of rest and integration after our visit to Angkor Wat

Overnight SIEN REAP HOTEL

OPTIONAL: You can return to Angkor Wat on your own to explore some more (entrance fee 37 USD)

(Meals included: Breakfast)

DAY SIXTEEN - PHNOM PENH

Sunday, 22 February

Return by bus to Phnom Penh

Relax (you can choose to have a wonderful Cambodian massage) and enjoy the last day in amazing Cambodia

Closing ceremony

Overnight PHNOM PENH HOTEL

(Meals included: Breakfast)

DAY SEVENTEEN - PHNOM PENH

Monday, 23 February

Departures

(Meals included: Breakfast)

(16 NIGHTS/17DAYS)

IMPORTANT NOTES:

1. At times some of the places we stay may not have continuous hot water. Most travellers do not find this a problem and are keen to cool down from the heat with a refreshing cold shower.
2. This trip includes two domestic flights. Checked luggage allowance is a maximum of 20 kilograms, plus up to 7 kilograms carry on luggage. Any excess luggage charges will need to be paid directly to the airline at check-in.
3. The optional activities mentioned in the itinerary are suggestions that you may like to explore in addition to the tour activities. Everyone has different energy/interests levels and so these are options that you may like to pursue on your own.
4. In order to explore the many extraordinary parts of Vietnamese and Cambodia, this adventure involves substantial overland travel, giving the opportunity to see a huge amount of the fascinating landscapes of Vietnam and Cambodia. The itinerary has been structured to provide rest periods in between and should be accessible to most people. However, if on the longer journeys between cities you prefer to fly instead, you are welcome to book your own flight.
5. The weather may be hotter and more humid than what you are used to. Always consider suitability to your own health.

What is included?

- 16 nights/17 days shared accommodation
- All meals mentioned in itinerary
- 1 overnight train
- 2 domestic flights
- 3 bus journeys
- all airport and other transfers as a group during trip
- all private excursions as per itinerary
- all entrance fees
- English speaking professional guides where appropriate
- all overland travel between places
- personal/Earth guidance/tuition by Elizabeth
- meditations, water and nature ceremonies

What is not included?

- international arrival flight from home (to Hanoi) and departure flight (from Phnom Penh) back home
- all visas etc
- travel and health insurance

- meals excluded in itinerary, drinks and items of a personal nature
- tipping

When and where?

The journey starts in Hanoi and ends in Phnom Penh where you will be able to catch your international flight back home.

Note: Many participants arrive a day or two earlier to settle in and some also decide to stay on for a few days afterwards to relax and see more. Please ask if you require any assistance with accommodation etc before or after the trip.

What to bring along

After booking and before we travel, you will be sent detailed information as to what to bring along by way of clothing, other packing items, useful traveling suggestions, money considerations as well as general information and the places we visit.

Types of hotels and transport

Hotels: 3/4 star or similar (as available)

Transfer vans and public bus: tourist standard.

Overnight train: shared facilities (even if you have chosen single supplement).

Full price all inclusive:

Sharing: \$3533

Single supplement: \$368 (\$3915 in total)

Payment methods

Can be paid via a secure payment link (sent to you for using a bank card), or via PayPal, or you can make a South African EFT/ bank transfer - details given after booking.

Deposit amount: \$1600

The full amount is due at least six weeks before the trip.

IMPORTANT: If you have not traveled with me before I suggest we do a short zoom or WhatsApp call. It is a good way to meet, get a feel for what the trip will be like and discuss any further questions.

About Elizabeth and Sacred Earth & STORM School

Elizabeth organises through her business called Sacred Earth & Storm School Earth trips to various sacred site locations in the world since 2007. Her passion is the Earth and how we can explore and interact with her in a much more powerful

and Heart-connected way. To travel as a conscious group, creating connection and community with each other, the land, the people. And experiencing deep, magical and life-changing adventures together. Receiving precious gifts! from the Earth and the Universe.

NB: Service policy

- Cancellation and refund:
- If I cancel or postpone the event for any reason, payment will be refunded in full within a reasonable period, but no liability can be accepted for any consequential losses you might incur.
- No-shows are not entitled to refunds, exchanges or transfers.
- All travel and other arrangements made for your participation are entirely made at your own risk.
- I reserve the right to limit bookings, or reject a booking, without explanation.
- Indemnity forms to be signed by all participants.
- My responsibility is for the highest well-being of the group attending the event. I do my best to facilitate and/or mediate any difficulty that may arise, but reserve the right to require a participant to leave during the event if their continuing attendance is not in the best interests of the other participants, without a refund.
- If any printed notes or workshop content are copyright of Elizabeth Bardin, All rights reserved.
- I respect your privacy. I do not, and will not sell your personal information. I only collect, store and use your personal information for defined purposes. I use your information to support and enhance my working relationship with you, to process your booking, provide services and support, and share trips, products, services, news and offerings with you. You are always free to opt out.

LOCATION AND CONTACT DETAILS

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You can also see details on my linktree:

<https://linktr.ee/sacredearthhandstormschoo>

POST SCRIPT

[SOME EXPERIENCES ON SACRED EARTH & STORM SCHOOL PILGRIMAGES](#)

We stood at the point (at Angkor Wat) that is considered to be the centre of the world. You will see on the cell phone a 0 in the phone's compass. Below it is a huge crystal that was used in our ceremonies. When I stood there, I experienced a very familiar state of consciousness that is created in a medicine wheel when all of the directions are gathered and placed in the heart. We can all stand in the centre of the universe when we are in perfect balance within ourselves and the world.

For most of our ceremonies which we do very quietly, the area around us often clears of people and we are left by ourselves. For this ceremony, it was interesting that people gathered around us and seemed to want to be a part of what we were doing. At the end, Elizabeth, our guide for this trip, asked an American man who was standing nearby if he would pick up the crystal, which he did. He suddenly looked astonished, and said, "I can feel an electric current running through my body! What is that?" I think he was a bit shocked. Such as the magic of a spiritual pilgrimage. (Karen - USA)

Travel forever changes us. The stories we hear, the sites we visit and the people all play a role in our own evolution.

As I ventured to Vietnam and Cambodia I had no expectations, no agendas to find. And this has been how I have learned to explore. For it opens me, us, to the unimaginable and deep magic.

These lands rocked me and yet held me close.

Our heart strings can be pulled when we walk a path of history, often not even being able to fathom what another has experienced. And so we look to the present. How has deep turmoil been moved beyond or anchored? How are countries and people with deep pain navigating life forward?

What was so clear to me was the heart. Each soul I encountered had love in their hearts and joy in their eyes. So gracious, giving, connecting.

It is not that the past is forgotten but there is a courage and strength of forgiveness that shines through their hearts.

And so I offer you this montage of a few of the beautiful, amazing souls that teach us how to forgive with compassion and live in love not allowing victimisation to weigh them down.

And so it is,

Aho Susan (USA)