



DISCOVER THE EARTH  
THE ATLAS & LITTLE ATLAS MOUNTAINS  
16 SEPTEMBER - 1 OCTOBER 2026

On 19 December 2025 the mysterious interstellar object called 3i/Atlas came closest to our Earth.

And in the lead up to that, I pondered my many fascinating interactions with the name Atlas - over so many years!

It first started when my earth-aware partner at the time who had been to the Atlas Mountains, spoke about it with such love, awe and reverence.

Then an atlas spinal procedure called an "Atlas correction" that I had some years ago in London. It miraculously opened my third eye and I spontaneously started seeing images of Machu Picchu, Peru (which I had to google at the time to find out where it was!).

And with that, my trips to Peru were born.

And then a group and I trekked (in the time just before Covid) all the way across the Salt plains of Bolivia to reach the Altiplano region of Chile - the Atacama desert that is said to have the least amount of rainfall on our planet. To see the magnificent night sky filled with stars and where you literally can see straight into the heart of the Milky Way. An unbelievable sight and where the most advanced star observatory (ALMA) on our planet is now based.

And end May of last year I visited Chile again. But this time on the western side for an earth trip to Easter Island in the Pacific Ocean. Literally a month later - on 1 July - the ATLAS survey telescope in the very Altiplano regions of Chile that we had previously visited, reported observations of an object originating from interstellar space that they named 3i/Atlas!

And now I am full circle.

Finally, I am doing an Earth trip to the land of the Atlas Mountains!  
Morocco.

But this is not just an ordinary visit to Morocco. It is during the highly anticipated time of Autumn Equinox in September 2026.

Wow what a trail of magical discovery our Earth and the Heavens truly are.

#### THE NAME ATLAS

So what is the origin of the name “Atlas”?

It was the ancient Greek Poet Hesiod who reputedly first wrote about Atlas, a Titan who was condemned to stand at the end of the Earth and hold up the celestial heavens for eternity. The name was also used by the Romans for the seventh cervical vertebra, because just like Atlas, this vertebra holds up the globe of our head, the cranium.

THE ATLAS MOUNTAINS And because the ancient Greeks believed the the western edge of the known world at the time was located in northwest Africa, they speculated that Atlas supported the heavens exactly from this location. Over time the name “Atlas” became associated with these magnificent mountains that were formed - we now know- by a massive continental collision between Africa and Europe (the Iberian Peninsula).

#### INVITATION

So you are invited to come and join me for another unforgettable - Atlas - experience!

This time, spending Equinox in an area of the “Little Atlas”- followed by an authentic, and magical camping adventure in the Greater Atlas Mountains

ELIZABETH

FOR SACRED EARTH & STORM SCHOOL

<https://www.sacredearthandstormschool.com>

#### SUMMARY OF THE TRIP

TANGIER, CHEFCHAOUEN, CASABLANCA, MARRAKESH, AGADIR, TAFRAOUTE (LITTLE ATLAS AREA), MARRAKESH, ATLAS DESERT CAMPING ADVENTURE, MARRAKESH

*“From the colourful markets of Marrakesh to the blue city of Chefchaouen, Morocco is arguably the most photogenic country I have ever been to. Our two-week swing through Morocco demonstrates why it is the second most-visited country in Africa. But among all the places we visited in Morocco, the little town of Tafraoute left the most profound impression on me.” (Aries Tuljak.com)*

## **DAILY ITINERARY**

(may be subject to change)

### **DAY ONE - Wednesday, 16 September**

Arrivals & Welcome

Overnight: TANGIER

### **DAY TWO - Thursday, 17 September**

DAY EXCURSION: CHEFCHAOUEN, also known as “Blue Pearl “ - renowned for its striking, photogenic blue-washed medina that has been attributed to keeping mosquitoes away, repelling the heat, and symbolising heaven and the sky.

We also visit AKCHOW WATERFALL with its cascading waterfalls, serene ambiance and refreshing natural beauty.

Overnight: TANGIER

### **DAY THREE - Friday, 18 September**

Travel to CASABLANCA with the fastest train in Africa! (approx 2 hours 30 mins)

Overnight: CASABLANCA

### **DAY FOUR - Saturday, 19 September**

EXCURSION: exploring CASABLANCA - famous for the classic Humphrey Bogart film, it is today Morocco’s largest city. A cosmopolitan metropolis blending French colonial architecture with traditional Moorish and Islamic art.

Overnight: CASABLANCA

### **DAY FIVE - Sunday, 20 September**

Travel to MARRAKESH, passing through some beautiful landscapes (approx 2 hours 40 mins)

Overnight: MARRAKESH

### **DAY SIX - Monday, 21 September**

Relaxing and enjoying our arrival to the rich culture of Marrakesh.

EXCURSION: Jemaa el-Fna square filled with food stalls, musicians and street performers, Koutoubia Mosque, and Bahia Palace, a stunning example of Moroccan architectural design with intricate tilework, tranquil courtyards and lush gardens,

Overnight: MARRAKESH

### **DAY SEVEN - Tuesday, 22 September**

Travel to AGADIR (approx. 3 hours) and doing some sightseeing.

Including Agadir Oufella/Kasbah viewpoint, an old hilltop area above Agadir with wide panoramic views over the ocean, the city, the marina, and the coastline. A peaceful place for reflection, and to feel the landscape. Ideal preparation for Equinox.

Overnight: AGADIR

### **DAY EIGHT - EQUINOX! Wednesday, 23 September**

SUNRISE: EQUINOX CELEBRATION!

EXCURSION: Driving through the peaceful Little Atlas Mountains with Argan trees, and traditional Amazigh villages. Visiting Amein Valley and Tafraoute village as well as the pink granite rocks famous for their unusual rock formations and colours. As well as the famously painted Blue Rocks, an open-air landscape artwork.

Overnight: AGADIR

### **DAY NINE - Thursday, 24 September**

Return to Marrakesh and preparing for our next earth adventure:

5 night visit to the Greater Atlas Desert!

Overnight: MARRAKESH

### **DAY TEN - FOURTEEN - Friday, 25 September - 30 September**

EXCURSION INTO THE ATLAS DESERT FOR 5 NIGHTS

An authentic and extraordinary camping adventure into the Atlas desert of Morocco.

With delicious, freshly prepared food from our desert-dwelling hosts and accompanied by Ali, our guide, a great soul of the desert.

Overnights: DESERT

### **DAY FIFTEEN - Wednesday, 30 September**

Travel back to Marrakesh

Overnight: MARRAKESH

### **DAY SIXTEEN - Thursday, 1 October**

Departures from MARRAKESH

#### What is included?

- 15 nights shared accommodation
- full board in the desert
- all taxi, minivan, train and other transfers for itinerary excursions as a group
- all guided excursions as per itinerary
- all entrance fees and admissions
- English speaking professional guides where appropriate
- all overland travel between places
- personal/Earth guidance/tuition by Elizabeth
- meditations, water, fire and other nature ceremonies

What is not included?

- international flights
- transport to and from where the trip starts and ends
- all visas etc (if required)
- travel and health insurance
- all meals not included above, drinks and items of a personal nature
- tipping

When and where?

The journey starts in Tangier and ends in Marrakesh from where you will be able to travel back and catch your international flight home. Closer to the time you will be given more information and suggestions as to the best options to get to and from your arriving airport.

Note: Many participants arrive a day or two earlier to settle in and some also decide to stay on for a few days afterwards to relax and see more. Please ask if you require any assistance with accommodation etc before or after the trip.

What to bring along

After booking and before we travel, you will be sent detailed information as to what to bring along by way of clothing, other packing items, useful traveling suggestions, money considerations as well as general information and the places we visit.

Accommodation

Comfortable hotels and camp site where the group shares (3/4 star type quality). DESERT: Extensive information will be given about our visit to the desert. It is a beautiful space where we will be very much looked after and spoiled! All authentic food etc included.

IMPORTANT NOTE: No refunds for accommodation options. I reserve the right to make whatever best choices are available at the time regarding accommodation taking into account the overall budget in terms of what you paid, the destinations and the size of the group. It will always be with an intention to find the best possible available and what is for the highest good of the group. If you not satisfied with how that manifests or have unrealistic expectations to only stay in expensive/formal hotels please know this is not the trip for you. The costing of each trip is done on a basis of making it affordable to a wide a range of people. Flexibility and good faith is required. Please feel free to discuss with me at any time.

Transport

Taxis, transfer vans and trains: tourist standard.

Full price all inclusive:

Sharing: EURO 2880

Single supplement (not available for desert): EURO 800

Payment methods

Can be paid via a secure payment link (sent to you for using a bank card), or via PayPal, or you can make a South African EFT/ bank transfer - details given after booking.

**Deposit amount: EURO 1000**

The full amount is due at least six weeks before the trip.

IMPORTANT: If you have not traveled with me before I suggest we do a short zoom or WhatsApp call. It is a good way to meet, get a feel for what the retreat trip will be like and

discuss any further questions. Please know that this is a spiritual intentioned trip and not an ordinary tourist trip. They have very different priorities.

A RECENT PARTICIPANT I was thinking of you recently and what I experienced on our journey through Southeast Asia. Here are words I would use to describe what you hold within your being -- deep presence, creation energy, joy! It was like you were the conductor and we were the orchestra. Using the capacities and consciousness you hold so profoundly, you gathered us in ceremony bringing in the string instruments, the wind, the percussion, awakening our presence, our creativity and joy. We became a symphony of the creative moment expressing itself, fully alive, fully present. To be that is to be Joy! My love to you, Karen

### About Elizabeth and Sacred Earth & STORM School

Elizabeth is an Earth channel and wisdom keeper. Since 2007 she has organised through her business called Sacred Earth & Storm School Earth retreat trips to various sacred site locations in the world. Her passion is the Earth and how we can explore and interact with her in a much more powerful and Heart-connected way. To learn how to go beyond the ordinary and normal and be far more creative, joyful and productive in the way we live life. The Earth adventures are always designed to blend interesting travel with profound spiritual experiences, creating extraordinary memories that will last a lifetime. They are also incredibly fun!

### NB: Service policy

- Cancellation and refund:
- If I cancel or postpone the event for any reason, all payments (including all deposits) will be refunded in full as soon as possible and is reasonable. But no liability can be accepted for any consequential losses you might incur.
- If you cancel for any reason, you will not forfeit your deposit or other payments made. It will remain a credit and you can use it for any future trips of the School. (4 year limit).
- If you decide to ask for an actual refund, it will carry a cancellation fee of Euro/USD 350 The cancellation must be at least 3 months before the start of the trip. Such refund will be subject to whatever reasonable time is required to unwind your booking (taking into account the type of trip and surrounding circumstances).
- If you cancel because of actual radical unforeseen health reasons or family emergencies you can at your option keep as credit for future trips, or receive full refund within a reasonable time. There is no cancellation fee.
- No-shows are not entitled to refunds, exchanges or transfers.
- All travel and other arrangements made for your participation are entirely made at your own risk.
- I reserve the right to limit bookings, or reject a booking, without explanation.
- Indemnity forms to be signed by all participants.
- My responsibility is for the highest well-being of the group attending the event. I do my best to facilitate and/or mediate any difficulty that may arise, but reserve the right to require a participant to leave during the event if their continuing attendance is not in the best interests of the other participants, without a refund.
- If any printed notes or workshop content are copyright of Elizabeth Bardin, All rights reserved.
- I respect your privacy. I do not, and will not sell your personal information. I only collect, store and use your personal information for defined purposes. I use your information to support and enhance my working relationship with you, to process your booking, provide services and support, and share trips, products, services, news and offerings with you. You are always free to opt out.

### **LOCATION AND CONTACT DETAILS**

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**You can also see details on my website:**

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