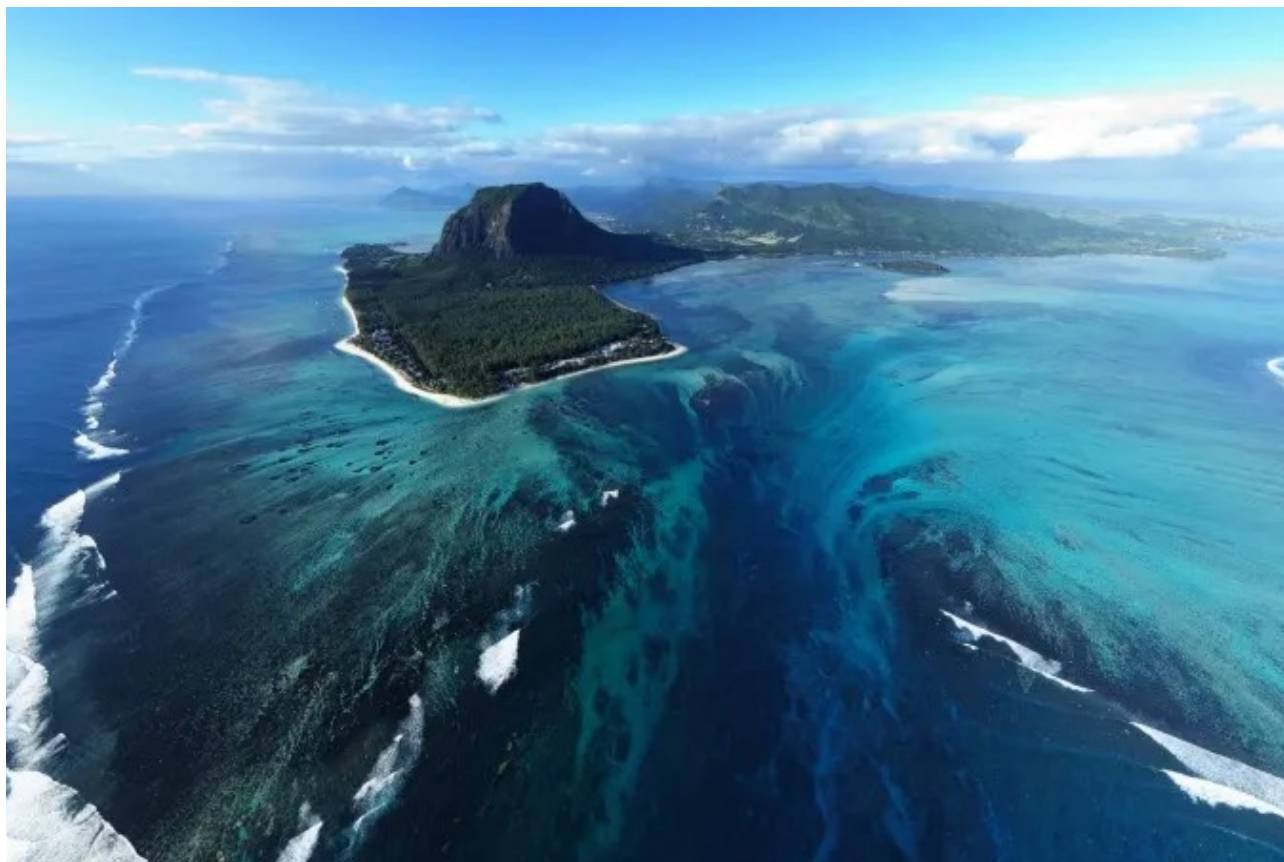


MAURITIUS EARTH RETREAT
Echoes of GOLD
12-19 APRIL 2026
7 nights/8 days



**Underneath the tourist beauty of Mauritius,
there is another, more real, vibrant world -
Filled with mystery, abundance, wonder.
Golden Echoes.
That can now be remembered**

On 16 March, just before the March Equinox, inter stellar object 3i/Atlas - on its final exit from our solar system - makes its last approach to one of our planets. The planet Jupiter, known as a “benefic” - the bringer of luck, good fortune, expansion, abundance.

And is this a coincidence? Not at all! It is the culmination of many occurrences, planetary changes, changes in us.

And now we are ready to claim a new world, a new system of monetary, financial , spiritual expansion and abundance.

Based on a totally new value system. Generosity, equality. Freedom.

Because, as we know, money is not about the physical. It is a spiritual energy just like anything else. We have just forgotten. Became conditioned and fixated. Controlled.

And now it is time to tune into and receive fully from that unseen energy again.

To reclaim our birthright. Our ability to create a life that is free from financial worry, constriction, even the pain, the intense suffering of the old consciousness of lack.

THE ISLAND OF MAURITIUS

Many know about, or have even visited the Island of Mauritius. Nestled in the warm Indian Ocean on the south east coast of Africa, it is famous for its tropical beaches, azure blue ocean and very warm, friendly people.

It even has a mysterious “under water” waterfall. Not an actual waterfall, but an alluring “optical illusion” caused by the movement of sand and sediment deposits. Giving the impression of a waterfall plunging into the depths of the blue clear waters of the magnificent Indian Ocean.

And with so many sacred sites, indigenous plants, nature kingdoms. Magnificent mountains. The Banyan trees.

And beyond all of this, is something deeply intangible. There is so much more to this place than meets the eye. Hidden. Echoes of an ancient illustrious past that fill the air. Subtle vibrations, alerting us to something much, much more magnificent that can be re-discovered now.

THE RETREAT

And so what does this have to do with the New Abundance? Everything!

The land holds the ancient codings of a Golden Abundance energy that can now be unlocked. With the Heart. With the new consciousness of sharing, freedom. Forgiveness. Unconditional love.

So on this Earth retreat we will be exploring very different aspects of Mauritius. Not as a tourist, but as a true adventurer of the Earth.

Connecting with the Unseen, the “supernatural” part of nature. To reclaim our strength, our wisdom to align with Universal Abundance.

To find the new, incredibly expansive, spiritual insights of a Golden Age to come.

INNER HEALING SUPPORT

On our quest we will be supported by the power of the Australian Bush Flower Essence specifically inspired for this year 2026: helping us to step into our gifts, leadership roles, potentials. Those aspects that can now awaken to become the self-realised beings we truly are.

INVITATION

So you are invited to join me!

Come and explore the magnificent Island of Mauritius where we will do some very specific processes to align to Universal Abundance.

LETS CLAIM OUR BIRTHRIGHT:

ABUNDANCE AND A TRUE STATE OF HAPPINESS

Elizabeth

FOR SACRED EARTH & STORM SCHOOL

<https://www.sacredearthandstormschoo.com>

RETREAT ACTIVITIES

WALKING SOME OF THESE TRAILS: (you don't have to be super fit - easy/medium fitness): Le Pouce Mountain Trail (Length: 2.6 Miles. The third-highest peak in Mauritius, Le Pouce stands at 2,664 feet, and due to its unique shape, the locals call it "the thumb".) Le Morne Brabant Trail (Length: 4.3 Miles. A UNESCO World Heritage Site). Tamarind Falls (Length: 3.1 Miles). Macchabee Trail (Black River Gorges National Park) - a mild hike through a stellar mix of landscapes, offering numerous chances to encounter the island's wildlife and the picturesque Macchabee viewpoint.

BEACHES: Visits to various beaches of Mauritius including Northern Islands and West Coast.

CEREMONIES: We will be aligning with Universal Abundance through the medium of very specific and ancient ceremonies - tapping with the Earth into the Superconscious world of creation.

AUSTRALIAN BUSH FLOWER ESSENCE 2026: As an aid to clear the way, we will also receive the invaluable support of the 2026 Bush Flower Essence with its affirmation:

"I am now aligning, acting upon and fully optimising the energy of 2026."

The essence helps to:

- clear procrastination
- dissolve outdated habits
- put focus on sound stewardship of your possessions and finances
- supporting us in being open to receive all the new spiritual energies flooding into our Earth

PRACTICAL DETAILS OF THE RETREAT

What is included?

- 7 nights shared accommodation
- breakfasts, teas, coffees etc
- the 2026 essence, healings and sessions, sacred rituals
- retreat activities including nature hikes, beach visits, waterfalls
- meditations, water, fire and other flower and nature ceremonies

What is not included?

- international flights & transport from airport to accommodation (will be arranged for you)
- all visas etc (if required)
- travel and health insurance
- all meals not included above, drinks and items of a personal nature
- tipping

When and where?

The journey starts at our Mauritius Villa. The international airport is approximately 48 km/ 30 miles southeast from the capital ,Port Louis. Transport to our accommodation will be arranged for you. (Background: size of the Island 790 square miles/2040 square kilometres. Ethnic groups 67% Indian, 28% Creole, 3% Chinese, 2% French. Main religions: Hindu, Christian, Islam.)

What to bring along

After booking and before we travel, you will be sent detailed information as to what to bring along by way of clothing, other packing items, useful traveling suggestions as well as general information.

Accommodation

Sharing as a group a beautiful seaside villa where we will be based for the duration of our stay. Single rooms and sharing.

IMPORTANT NOTE: No refunds for accommodation options chosen. I reserve the right to make whatever best choices are available at the time regarding accommodation taking into account the overall budget in terms of what you paid, the destination and the size of the group. It will always be with an intention to find the best possible available and what is for the highest good of the group. If you not satisfied with how that manifests or have unrealistic expectations to only stay in expensive/formal hotels please know this is not the trip for you. The costing of each trip is done on a basis of making it reasonable and affordable to a wide a range of people. Flexibility and good faith is required. Please feel free to discuss with me at any time.

Transport

Taxis, transfer vans: tourist standard.

Full price all inclusive:

Sharing: 1600 EURO

Single supplement: 160 EURO

Payment methods

Can be paid via a secure payment link (sent to you for using a bank card), or via PayPal, or you can make a South African EFT/ bank transfer - details given after booking.

Please note: all prices exclusive of all transfer costs/card fees.

Deposit amount: 800 EURO

IMPORTANT: If you have not traveled with me before or don't know me personally, I suggest we do a short zoom or WhatsApp call. It is a good way to meet, get a feel for what the retreat trip will be like and discuss any further questions. Please know that this is a spiritual intentioned trip and not an ordinary tourist trip. They have very different priorities.

About Elizabeth and Sacred Earth & STORM School

Elizabeth is an Earth channel and wisdom keeper. Since 2007 she has organised through her business called Sacred Earth & Storm School Earth retreat trips to various sacred site locations in the world. Her passion is the Earth and how we can explore and interact with her in a much more powerful and Heart-connected way. To learn how to go beyond the ordinary and normal and be far more creative, joyful and productive in the way we live life. The Earth adventures are always designed to blend interesting travel with profound spiritual experiences, creating extraordinary memories that will last a lifetime. They are also incredibly fun!

A RECENT PARTICIPANT I was thinking of you recently and what I experienced on our journey through Southeast Asia. Here are words I would use to describe what you hold within your being: deep presence, creation energy, joy! It was like you were the conductor and we were the orchestra. Using the capacities and consciousness you hold so profoundly, you gathered us in ceremony bringing in the string instruments, the wind, the percussion, awakening our presence, our creativity and joy. We became a symphony of the creative moment expressing itself, fully alive, fully present. My love to you, Karen

NB: Service policy

- Cancellation and refund:
- If I cancel or postpone the event for any reason, all payments (including all deposits) will be refunded in full as soon as possible and is reasonable. But no liability can be accepted for any consequential losses you might incur.
- If you cancel for any reason, you will not forfeit your deposit or other payments made. It will remain a credit and you can use it for any future trips of the School. (4 year limit).
- If you decide to ask for an actual refund, it will carry a cancellation fee of Euro/USD 350. The cancellation must be at least 3 months before the start of the trip. Such refund will be subject to whatever reasonable time is required to unwind your booking (taking into account the type of trip and surrounding circumstances).
- If you cancel because of actual radical unforeseen health reasons or family emergencies you can at your option keep as credit for future trips, or receive full refund within a reasonable time. There is no cancellation fee.
- No-shows are not entitled to refunds, exchanges or transfers.
- All travel and other arrangements made for your participation are entirely made at your own risk.
- I reserve the right to limit bookings, or reject a booking, without explanation.
- Indemnity forms to be signed by all participants.
- My responsibility is for the highest well-being of the group attending the event. I do my best to facilitate and/or mediate any difficulty that may arise, but reserve the right to require a participant to leave during the event if their continuing attendance is not in the best interests of the other participants, without a refund.
- If any printed notes or workshop content are copyright of Elizabeth Bardin, All rights reserved.
- I respect your privacy. I do not, and will not sell your personal information. I only collect, store and use your personal information for defined purposes. I use your information to support and enhance my working relationship with you, to process your booking, provide services and support, and share trips, products, services, news and offerings with you. You are always free to opt out.

LOCATION AND CONTACT DETAILS

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You can also see details on my website:

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